



# Cavalon Aesthetics

COSMETIC SURGERY AND SKIN REJUVENATION



## Patient Health Questionnaire

Today's Date: \_\_\_\_\_

Name: \_\_\_\_\_ DOB: \_\_\_\_\_

Sex: F / M Age: \_\_\_\_\_ Email: \_\_\_\_\_

Mailing Address: \_\_\_\_\_

Home Phone: \_\_\_\_\_ Cell Phone: \_\_\_\_\_ Work Phone: \_\_\_\_\_

Emergency Contact Name and Relationship: \_\_\_\_\_

Emergency Contact Phone Number: \_\_\_\_\_

Primary Care Physician: \_\_\_\_\_

Referred by:

- Patient of Dr. Henderson
- Friend or Acquaintance
- My Doctor
- Attended Educational Program
- Web Site
- Advertisement
- Other

Name/Source: \_\_\_\_\_

May we send a thank you to the person listed above?

Yes or No

### Health History

- |  |  |   |
|--|--|---|
| <input type="checkbox"/> Do you smoke?                   | <input type="checkbox"/> Other lung issue?                               | <input type="checkbox"/> Take Plavix?   |
| <input type="checkbox"/> Drink Alcohol?                  | <input type="checkbox"/> Rheumatic fever?                                | <input type="checkbox"/> Other blood thinners?  |
| <input type="checkbox"/> Diabetes?                       | <input type="checkbox"/> Cold sores/fever blisters?                      | <input type="checkbox"/> Are you post-menopausal?   |
| <input type="checkbox"/> Asthma/emphysema?               | <input type="checkbox"/> Wear eyeglasses?                                | <input type="checkbox"/> Are you or could you be pregnant?                                  |
| <input type="checkbox"/> Shortness of breath?            | <input type="checkbox"/> Wear contact lenses?                            | <input type="checkbox"/> Would you agree to a blood transfusion in a life threatening case? |
| <input type="checkbox"/> High blood pressure?            | <input type="checkbox"/> Skin lesions?                                   | <input type="checkbox"/> Fibromyalgia?  |
| <input type="checkbox"/> Heart disease?                  | <input type="checkbox"/> Recurrent eyelid swelling?                      | <input type="checkbox"/> History of depressions?  |
| <input type="checkbox"/> History of heart attack?        | <input type="checkbox"/> Cataracts?                                      | <input type="checkbox"/> Psychiatric disorder?  |
| <input type="checkbox"/> Heart valve disease (prolapse)? | <input type="checkbox"/> Dry eyes?                                       | <input type="checkbox"/> Nerve injury/neuropathy?   |
| <input type="checkbox"/> Stroke?                         | <input type="checkbox"/> Hearing aid(s)?                                 | <input type="checkbox"/> Numbness?  |
| <input type="checkbox"/> Chest Pain?                     | <input type="checkbox"/> Dentures?                                       | <input type="checkbox"/> Chronic pain?  |
| <input type="checkbox"/> Seizure/epilepsy?               | <input type="checkbox"/> History of cancer?                              | <input type="checkbox"/> Uneven pigmentation  |
| <input type="checkbox"/> Easy Bruising/bleeding?         | <input type="checkbox"/> Poor scarring?                                  | <input type="checkbox"/> Have Permanent Makeup?   |
| <input type="checkbox"/> HIV?                            | <input type="checkbox"/> Keloids?  | <input type="checkbox"/> Habit of tanning or use of self tanner?                            |
| <input type="checkbox"/> Hepatitis/Liver disease?        | <input type="checkbox"/> Use Retin A/ Renova/ Differin / Tazovac /Avage? |   |
| <input type="checkbox"/> Anemia?                         | <input type="checkbox"/> History of Accutane use?                        |   |
| <input type="checkbox"/> Thyroid Disease?                | <input type="checkbox"/> Take Aspirin?                                   |   |
| <input type="checkbox"/> Tuberculosis?                   |  |   |

**Jenifer L. Henderson, M.D., F.A.C.S.**

Fellow, American Academy of Facial Plastic and Reconstructive Surgeons

(360) 830-1755 | 2011 NW Myhre | Silverdale, WA



### Locations of concern / Areas of improvement

- Face—fine wrinkles
  - Face—deep wrinkles/folds
  - Eyebrows—sagging
  - Eyelids—upper, baggy
  - Eyelids—lower, baggy
  - Nose—size, shape, refinement
  - Nose—improve nasal breathing
  - Cheeks—improve fullness
  - Skin—improve texture, appearance
  - Mouth—downturned corners
  - Chin—recessed
  - Chin—jowling (“turkey waddle”)
  - Scars—prominent
  - Removal of skin lesions
- Other \_\_\_\_\_
- \_\_\_\_\_

### Describe your skin:

- Normal
- Dry
- Combination
- Oily
- Acne
- Clogged Pores
- Rosacea
- Eczema
- Freckled
- Mature
- Sallow
- Melasma
- Psoriasis
- Spider Veins
- Patchy Dryness
- Wrinkled
- Sun Damaged
- Redness
- Uneven Pigmentation
- Unwanted Hair
- Complexion Improvement

### Medications

Please list ALL medications you are taking. Include over the counter medications, remedies, supplements, herbs and vitamins:

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

### Cosmetic Procedures

Have you had any cosmetic procedures including lasers, peels, injectable fillers, BOTOX, etc.?

Yes  No

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

### Surgical Procedures

Please list ALL surgical procedures (including cosmetic surgery) and dates:

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

### Allergies

Please list any allergies to medications, food, dyes, tape, latex, etc.:

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

### Medical Conditions / Problems

Do you have any current or past medical conditions / problems?  Yes  No

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

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**Family History or any major medical problems?**

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Are you allergic or sensitive to? (check all that apply)

- Milk
- Apples
- Citrus
- Grapes
- Aloe Vera
- Aspirin
- Perfume
- Latex
- Hydroquinone

**To the best of my knowledge, the information provided is true and complete.**

\_\_\_\_\_  
 Signature

\_\_\_\_\_  
 Print Name

\_\_\_\_\_  
 Date

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